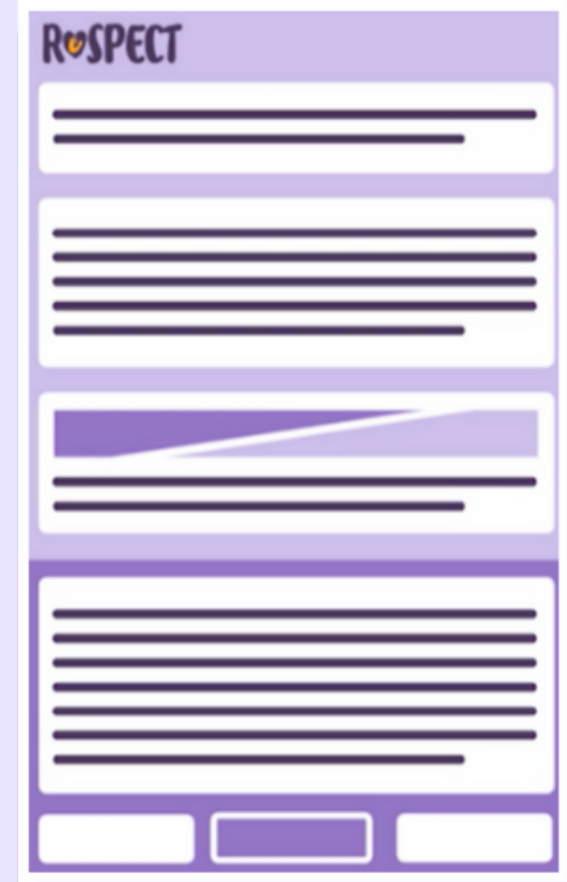




ReSPECT

Recommended Summary Plan for Emergency Care and Treatment



What is
ReSPECT?

The ReSPECT process creates a personalised recommendation for your clinical care in emergency situations where you are not able to make decisions or express what is important to you.

Who is
ReSPECT for?

It is for everyone at any age with any health/care problems who wants to make a plan for when they are unwell.

Why should
I have a
ReSPECT
plan?

So when you are unwell, everyone who looks after you, knows what you want, and what matters to you regarding your health.

What does it
look like?

You should only have one copy and it is a 2 sided piece of paper/booklet with writing on both sides. It could be purple or black and white.

How can I
get a
ReSPECT
plan?

Talk to the person who helps look after you and knows you best. This may be your doctor, Social worker or other health care professional.

Where do I
keep my
ReSPECT
plan?

Keep your plan with you. Always take it to your appointments or if you go to hospital. Make sure your friends, family and carers know you have a ReSPECT Plan and where it is kept.

Please be aware there is a separate easy read ReSPECT-3- leaflet 1- available

For more information see: www.resus.org.uk/respect