

You are invited to

Holistic Training in Managing Deterioration: RESTORE2mini, ReSPECT and Routes for Escalation A Free Project ECHO® Training Programme

Save Date: Click for [September/October schedule](#)



A programme of three sessions held on **Thursdays at 2 PM**. Please note, this training requires staff to attend all three sessions.



This programme is for **all care home staff**, including managers.



All sessions will be held via Zoom.
To register, [click here](#) or scan the QR code opposite with a smartphone camera.



If you have any queries, please email: echo@hospicesheffield.co.uk



About the Programme

Care home staff are experts about their residents and can be first to notice when something is wrong. This training builds on your expertise to help you manage a deteriorating resident confidently and with a person-centred approach. Over three sessions, you will learn how to:

- **Identify** soft signs of deterioration promptly.
- **Escalate** appropriately, according to a resident's needs and care plan, including ReSPECT plan.
- **Communicate** your concerns effectively to ambulance services and other care professionals.

This holistic training is comprised of three complementary topics:

1. **RESTORE2mini** is an approach to identifying 'soft signs' of deterioration and escalating concerns to other care professionals using the SBARD structured communication tool.
2. **ReSPECT** stands for Recommended Summary Plan for Emergency Care and Treatment. The ReSPECT process creates personalised recommendations for a person's clinical care in emergency situations when they may not be able to make decisions or express their wishes.
3. **Routes for Escalation** can be difficult to navigate, particularly those new to the care sector. With up-to-date guidance from Yorkshire Ambulance Service, this topic aims to improve understanding of the local routes for escalation and confidence using them.



Turn to the next page for the full programme schedule.



Find out more
Sheffield Ageing Well Programme
www.sheffieldhcp.org.uk

Project ECHO®
www.stlukeshospice.org.uk



Programme Schedule and Content

Session Title	Programme 3	Future Training Dates	
RESTORE2mini	21 Sep	16 Nov	25 Jan (2024)
ReSPECT	28 Sep	23 Nov	01 Feb
Routes for Escalation	05 Oct	30 Nov	08 Feb
<p>All sessions will start at 2 PM and will last up to 90 minutes. Attendees will receive a certificate upon completion of all three sessions.</p>		<p>To be notified when these dates are available to book, please email freddie.cheal@nhs.net</p>	

Session Content	Subject Matter Expert(s)
 <ul style="list-style-type: none"> • A soft signs approach to identifying deterioration • Using the SBARD communication tool 	<p>Samantha Pinder Sheffield Teaching Hospitals NHS Foundation Trust</p>
 <ul style="list-style-type: none"> • Why ReSPECT is being introduced • What ReSPECT is and who it is for • Caring for a resident who has a ReSPECT plan <ul style="list-style-type: none"> ◦ Click here for more information about ReSPECT 	<p>Dr Hannah Weston Far Lane Medical Centre, Sheffield</p>
<p>Routes for Escalation</p> <ul style="list-style-type: none"> • When to call 999, 111 and other services and what to expect • How to book Patient Transport Services • Caring for a resident who has fallen <p>(Plenary) Putting this Training into Practice</p> <ul style="list-style-type: none"> • How RESTORE2mini and ReSPECT work together to help you manage deterioration in a resident • How you can use the tools in your care home • End of programme Q&A 	<p>Michele Howe and Anita Gannon Yorkshire Ambulance Service NHS Foundation Trust</p> <p>All subject matter experts will attend the final session.</p>

About the ECHO Approach

An ECHO programme is a chance to discuss challenging situations with a 'subject matter expert' and colleagues by sharing best practice through case-based learning. Sessions take place on Zoom, can be accessed at work or home, and are accessible from most devices such as phones, iPads or laptops.

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