

GUIDANCE FOR CLINICAL STAFF

ReSPECT is a nationally agreed process and plan which will be implemented in all Health and Care settings across Sheffield from 2nd May 2023. There have been some incidents nationally where printed ReSPECT plans (either black and white, a different shade of purple or even navy blue) have not been accepted.

We have agreement from the Resuscitation Council UK and the Citywide ReSPECT Delivery Group to ask that all of these variations are accepted:

Action in a life-threatening situation

- Check section 4 'Clinical recommendations for emergency care and treatment', including CPR recommendation
- Check section 3 'What matters to me in decisions about my treatment and care in an emergency'
- Check section 6&7 'Involvement in making this plan' and 'Clinician's signatures' to ensure the recommendations have been endorsed by a responsible clinician.
- Use the recommendations along with your own clinical expertise and judgement of the presenting patient, to make a decision about what you are going to do next.

ReSPECT Facts:

1. ReSPECT is not legally binding: it is a guide to immediate decision making. You should be prepared to justify valid reasons for overriding recommendations on a ReSPECT plan.
2. The plan should be reviewed when a person's state of health changes, they move from one care setting to another and if the person requests a review.
3. There are three tiers of training, Basic Awareness (10 minutes), Awareness and Handling Emergencies (20 minutes) and Authorship for Conducting ReSPECT conversations (30 minutes) available to access on e-Learning for Healthcare or through your organisation's training portal.