

HCP UPDATE REPORT

SHEFFIELD HEALTH AND CARE PARTNERSHIP (HCP) BOARD

JUNE/JULY 2023

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i. Purpose		
 To provide headlines about strategic developments relevant to the partnership and the HCP programme of work, To provide an overview of other key HCP programme activities and updates 		
ii. Is your report for Approval/Consideration/Noting		
For noting/action.		
iii. Recommendations/Action Required by Accountable Care Partnership		
Key actions required: Note the report.		
Are there any Resource Implications (including Financial, Staffing etc.)?		
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N/A		

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Strategic Update

Sheffield Health and Care Partnership Board

A summary of the minute of the June meeting of the Board is attached to this report for information.

HCP Focus areas

This section is summarised and not exhaustive. Further details about any of these points available on request; or if there is something that you want to see included in the next version of this, please get in touch.

Integration

Ageing Well Programme

The citywide NHSEI funded Ageing Well Programme continues to make good progress. The focus of the work has been to deliver projects aligned to the three workstreams of:

- Urgent Community Response
- Enhanced Health in Care homes
- Anticipatory Care (proactive care)

For more details regarding the projects being undertaken and what this means for Sheffield, please visit: Ageing Well - Sheffield Health and Care Partnership (sheffieldhcp.org.uk)

The three-year programme will close at the end of March 2024, therefore there is a focus on the embedding and sustaining of the projects to ensure a legacy of improvements that have been delivered/tested for the city.

Urgent Community Response (UCR)

The UCR team are achieving the 2-hr standard which is now reported at Board level within Sheffield Teaching Hospitals NHSFT. Work is ongoing to optimise referral pathways, with implementation of a PUSH model allowing category 3 and 4 calls to be 'pushed' from YAS 999 to the service via Single Point of Access and GP Collaborative.

Enhanced Health in Care Homes (EHiCH)

The EHiCH team are delivering staff training in a number of areas, more recently offering training in: RESTORE2mini, ReSPECT, and escalations via the Extension of Community Healthcare Outcomes (ECHO) network. In terms of falls in care homes, Raizor chairs and the iStumble app have been issued to 12 care homes, with plans to issue to a total of 18 by end of quarter 2. Dysphasia, hydration, and nutrition education continues with recurrent funding that will be invested into community services. The team will work collaboratively to consider the wider ongoing workforce training needs, including single point of access to information, ensuring a sustainable offer is in place upon close of the programme.

Anticipatory Care

<u>Team Around the Person (TAP)</u> continues to offer multidisciplinary, proactive care. From April to June, they received 99 referrals, of these 98% of individuals had two or more long term health conditions, 61% lived in an area of deprivation and 41% were experiencing frailty. TAP have written a business case and are exploring opportunities to secure recurrent funding. In recognition of their achievement, TAP was shortlisted for an MJ Local Government Achievement Award and are now finalists for the Nursing Times Awards, with winners to be announced in October.

<u>Respect</u> was rolled out citywide on the 2nd of May 2023. The current aim is to audit the outcome of implementation, continue to offer additional training where gaps are identified, and work across the ICS to agree the future continual audit process requirements.

<u>The Falls team</u> have written a 'Team Sheffield' Falls plan options appraisal which was discussed at the Ageing Well Collaborative in July. Further consideration by the city will take place in Quarter 2 to agree next steps regarding falls prevention and rehabilitation.

Spotlight on the 'Good Hydration!' project

To improve the hydration of care home residents, the EHiCH project team are working with three residential and one nursing care home to develop plans to pilot the Good Hydration! project. The Good Hydration! initiative involves delivering training to care home staff regarding the importance of hydration/effects of dehydration and the implementation of seven structured drink rounds per day. The team will encourage staff to theme their drink trollies for special occasions, offer a variety of drinks and to ask residents what they would like to drink rather that if they want a drink.

The Good Hydration! project pilot will commence from August 2023, read more information here.

Find more information on the Ageing Well programme here: <u>Ageing Well - Sheffield Health and Care Partnership (sheffieldhcp.org.uk)</u>

End of Life Care

Healthwatch Sheffield are carrying out a project to understand people's views and experiences of End-of-Life Care as part of work commissioned by South Yorkshire Integrated Care Board (SY ICB) to help improve Palliative and End of Life Care services in our area, working with partners including hospitals, hospices, and community services.

A short survey is currently live to share views here if you are:

- currently using Palliative or End of Life Care services
- if you know someone who is
- or if you have been bereaved in the last 2 years

Healthwatch Sheffield are also interviewing people on a 1-1 basis and working with community groups such as SACMHA and the Hadfield Institute, to gather the experiences of different communities.

Please visit here for more information and find support for taking part in the project: What is end of life care like in South Yorkshire? I Healthwatch Sheffield

Mental Health, Learning Disabilities, Dementia & Autism

Adult Learning Disability Service Enhanced Model of Care

Following an extensive engagement period on the future delivery of specialist learning disability clinical services, updates to NHSE England Assurance Checkpoint process, and 3 reports to Sheffield City Council Health Scrutiny Committee, we are now embarking on the implementation of a new model of service in Sheffield, in line with the national model, *Building the Right Support* NHS England National plan – Building the right support.

This follows our successful progress on the national *Transforming Care* programme to reduce the over reliance on admissions to long stay hospital for people with learning disability. We aim to reinvest the resources previously allocated for the inpatient unit into the future model, to create a more responsive community specialist learning disability clinical service which enables prevention of avoidable crisis situations, earlier intervention, and de-escalation.

There will be a more responsive and streamlined pathway offer to people with learning disability and their families and staff teams, with increased clinical capacity over more hours of the day, and a wider range of professionals working within the team, including the addition of a specialist dietician, and art and music therapists. Phase 1 of the implementation of the new model is planned to start in autumn and will run over the next 18 months.

In addition, and as part of the new model, we have agreed with SY ICB strategic and provider colleagues to the co-commissioning of an adult learning disability/autism Safe Place, as a step up residential short stay offer, to give a period of up to 12 weeks for crisis de-escalation, as an alternative to hospital admissions, which it is aimed to over the next 6 months.

Physical Health Strategy for Mental Health/Learning Disability/Autism/Dementia

There have been significant achievements from the work of partners delivering the current strategy, for example an increase in the number of people with Severe Mental Illness and Learning Disability having an Annual Health Check with their GPs, the number of people receiving general health screening, and the number of people being vaccinated.

The Physical Health Strategy is now being refreshed to cover the period 2023-2026, to address the unmet health needs of these populations and mitigate against health inequalities continuing to be faced by the above populations, which leads to preventable early deaths by up to 30 years when compared to the rest of the population.

Mental Health Safe Space for young people aged 16-17

Sheffield place ICB have agreed to extend the current pilot of the Safe Space for 16–17-year-olds. The Safe Space offers an alternative to the Accident and Emergency Department at STH for people in mental health crisis. It gives access for up to 72 hours to a community bed, to help to de-escalate the situation faced by the young person. The current service will be extended, ahead of a procurement of a three-year contract to provide continuity of provision.

Primary and Community Care

PCN Development Plan

Background to the plan:

- Sheffield PCNs have been working together for over 3 years now, including their effective cooperation to deliver the successful COVID-19 vaccine rollout.
- Recognising the crisis they are in, they have come together again to describe their vision for the role they will play in the Primary Care system.
- This process has involved many meetings, debates, facilitated workshops and secondary research, and has drawn on the full depth and breadth of their Primary Care experience.

The plan outlines 6 key pillars for the future role of PCNs:

- 1. Create integrated neighbourhood teams around the patient
- 2. Integrate care across layers of scale
- 3. Support the resilience of GP Practices and Primary Care
- 4. Play their part in the green agenda
- 5. Support targeted high-value health interventions
- 6. Be part of a population health-led care system.

The plan is a live document that will continually be reviewed by the HCP Primary and Community Care Board.

Spotlight on 'Create integrated neighbourhood teams around the patient'

On the 15 of June the Primary Care Networks (PCNs) of Sheffield hosted a workshop on developing our integrated neighbourhood working. It brought together partners from across and beyond the healthcare sector to discuss the barriers to integrated working and come up with pilot initiatives that

we can start collaborating on, with a view to snowballing that collaboration into fully integrated neighbourhood working.

Around 60 attendees were there including community nursing, Adult Care and Wellbeing (ACW) (formerly known as Adult Social Care), dentistry, community pharmacy, ophthalmology, Voluntary Community Social Enterprise (VCSE) and, of course, general practice. Everyone left the workshop with commitments of working more closely together with partners in their patches and have been taking the initiative in liaising with those partners, especially VCSE partners, SCC partners (ACW are now reorganised alongside PCNs boundaries) and STH community services (who are also reorganised along PCN boundaries). PCNs are already driving ahead with this work and are also in the process of writing up their plans to enable the sharing of ideas between PCNs and help the ICB/PCS's PCN Development Team to support them in their work.

Urgent and Emergency Care

Discharge 'Home First' Model Development

On the 21 of June the Sheffield Discharge Delivery Group held the 1st Sheffield Discharge Summit which was attended by 20 colleagues from across our statutory health and care organisations in the city. The event was interactive and sought to use the collective experience in the room to test out the vision for a new citywide discharge model.

Following the summit, a refined model was presented to Executives and approval was given to establish a Discharge Programme Group which will bring together a number of discharge workstreams and report to Sheffield Urgent Emergency Care Delivery Group:

- Internal STH discharge workstream
- Discharge to assess, home first model development.
- Beds
- Mental health discharge workstream

For more information about the Sheffield Discharge Programme, please contact <u>sth-hcp.sheffield@nhs.net</u> with the subject 'Questions on the Sheffield Discharge Model Development' for response.

People

Health and Care Public Forum (Sheffield) – Public Involvement Group

- The HCP's public advisory group, managed by Healthwatch Sheffield, the Health & Care Public (H&CP) Forum (Sheffield) meet monthly and have discussed the following topics over the last month:
 - Support vulnerable people to take their medicines. The forum members were introduced to YOURMeds, a digital medicines dispensing box that can be programmed by the pharmacy to help people take their medicines at the right time. They were informed a small trial of the product is being run in Sheffield with 30 people over six months. They were given the opportunity to ask questions about the device.
 - Virtual Wards. The forum members heard about virtual wards being set up in Sheffield. They were given the opportunity to influence a patient information leaflet and ask questions about the initiative.
 - Technology Enabled Care (TEC). The forum members heard about current work to introduce TEC in Sheffield with trials and an evaluation to take place on the following products: Aquarate digital hydration monitoring in care homes, connected care platform for long term care and short term care, medicine management, KOMP Virtual Home Care. They were given the opportunity to give their views on what technology works for them now and in the future and air any concerns about TEC.
 - Leading Sheffield._The forum members reflected on their experience as Public Involvement Advisors supporting the last Leading Sheffield cohort and gave

recommendations to improve their role in the next cohort. They are planning a workshop in August to consider some system-wide 'wicked problems' to be addressed by participants in Challenge Groups on the programme.

For more information on the forum including summary notes, and to meet the forum members visit here.

Leading Sheffield

- We have begun recruiting for our next cohort of the Leading Sheffield programme running over 6 ½ days between October and December 2023. The deadline of expressions of interest is Friday 1st September,
- Participant information to share widely with the city's statutory, voluntary sector and primary care workforce can be seen here.
- We continue to hear great reports of the impact of the last programme and all of the collaborative work that is going on across the city as a result. An evaluation report is due for publication in the Autumn.

Learning and Development

- <u>Learning and Development resources and training</u> opportunities for all the health and care workforce continue to be updated on our website. Current themes include person-centred approaches, project management, staff wellbeing and system leadership.
- The **Sheffield Health and Care Education, Training and Learning Group** continues to work on its action plan which includes, amongst other things:
 - Improving the equality of access to Education and Training across Health and Social Care across Sheffield
 - Developing a cross-city Sheffield Induction video
 - System Leadership
 - Digital/Literacy

The Group has begun work with the King's Fund to further develop their plans.

Person-Centred Approaches

The **Joining Up Person-Centred Approaches** group met in July to share information about the good practice and successes over the past few months in relation to person-centred approaches, these included:

- Success of the <u>Team Around the Person</u> service with shortlisting's for the prestigious MJ Award and Nursing Times Award.
- Workshop hosted by Sheffield Health and Wellbeing Board in June 'Working together differently to address health inequalities: developing a new partnership across communities, the Voluntary and Community Sector, Council' was a big success with a keynote speaker Donna Hall from the Wigan Deal sparking lots of interest. The outcomes of the day are to be relayed shortly.
- Dedicated WMTY month held in June for the Combined Community and Acute (CCA)
 Group at Sheffield Teaching Hospitals (STH) NHS Foundation Trust which consisted of
 events and three newsletters delivered throughout the month, introducing the concept with lots
 of case examples form staff, patients, and service years.
- WMTY appraisal process will be evaluated again this year in the CCA Group at STH, with an ambition of obtaining over 200 responses to gain a bigger conversation within the Trust and to look to gain wider interest e.g. through <u>WMTY Scotland</u>.

The group will meet again in September to consider how we can continue expanding the personcentred approaches work seen and link it to developing work such as the City Goals. The <u>Introduction to Person-Centred Approaches</u> workshop was delivered by our Train the Trainers in June. 20 staff members attended from our heath, care and voluntary organisations in the city and the following feedback was received:

- "I found it overall very good, breakout rooms worked well. an enjoyable/interesting morning with a few useful tips to take away."
- "Really enjoyable and good for networking"
- "Our service already takes a solution/family-centred approach but the idea of 'what matters to you' is a useful addition to the strategies we use."
- "It was a nice reminder of how important person-centred approaches are within care/health services, and how it can make a person feel much more satisfied and valued within their care."
- "It was very informative and easy to take part in. Positive all around"

Our cross-sector group of Train the Trainers are keen to deliver further workshops over the next few months.

Peer Mentoring and Budding

The partnership has recruited two leaders from voluntary sector organisations in the city to work with two of the HCP Board members as peer mentors. They will be attending Board meetings of each other's organisation and seeking to better understand the other's work and issues. In addition to this scheme, all other members of the Board have been matched with a leader from the voluntary and community sector as part of a 'buddying scheme. The aims of both these schemes are:

- To increase the diversity of voice and thought into the HCP decision making;
- To provide participants with an opportunity to increase their understanding of the lived experiences of each other to create trust;
- To raise Board members' awareness of the role and contribution of VCS organisations to the health and care sector:
- To raise awareness of the role and contribution of our HCP partners among VCS organisations.

Thank you to all the VCS leaders who have volunteered to support this programme.

Further work in our health and care system

Compassionate Sheffield

Please see the <u>July 2023 Impact Report from Compassionate Sheffield</u>.

Since August 2021 Compassionate Sheffield has been collaborating with individuals, communities, and organisations to co-deliver a programme of work enabling Sheffield to do the small things that make a big difference to our life and experiences of death.

Compassionate Sheffield is focused on elevating the holistic needs of people at end of life and through bereavement.... knowing that truly person-centred care can only be achieved when people and communities work in partnership with the statutory care system. Compassionate Sheffield is applying a community development and asset-based approach to improving peoples experience of end of life and bereavement. The hope is to build stronger connections between health care providers and build bridges within communities in order to address health inequalities.

For more information about Compassionate Sheffield, please click on the links below. <u>www.compassionate-sheffield.co.uk</u> – Website homepage

https://twitter.com/CompassionSheff - Twitter

If you would like more information on any of the work outlined, please contact the HCP team on sth.hcp-sheffield@nhs.net

Visit our website to stay up to date with developments across our partnership: (www.sheffieldhcp.org.uk)

View previous Reports here: Sheffield HCP Director's Report - Sheffield Health and Care Partnership

SHEFFIELD HEALTH AND CARE PARTNERSHIP BOARD TUESDAY 13 JUNE 2023

SUMMARY POINTS OF THE UNRATIFIED MINUTES

- 1. **Public Questions** no questions were received from the public.
- 2. Feedback from Internal Auditor re Governance Arrangements a report was circulated, drafted by SY ICB's internal auditor, who observed the Sheffield HCP Board meeting on 18 April to ensure that the Board was undertaking its delegation regarding decision making and governance. It is a positive report, with no actions to immediately undertake.

It was agreed that a discussion would take place with Mr Atkinson and the Voluntary Action Sheffield (VAS) and Healthwatch Members of the Board, outside of the meeting, regarding engagement with the public to ensure their voices are heard, as much as possible, and that links are made to other work that is on-going across the system. Item to be added to the Board forward plan to update at a future meeting.

3. Sheffield Place Priorities – Discharge and Home First Model Development – an update was provided which included additional programme detail and plans for public engagement, with events taking place throughout June to engage partner buy-in to the vision and strategy. Activities are focussed on removing the queue for discharge and progress has been made over the last 4-6 weeks to gain a position of the 'ask' and mobilisation. Dialogue is also taking place with colleagues in mental health, and although the work is slightly behind, this can be mobilised quickly to remove the queue in mental health service discharges.

Sheffield City Council confirmed that the paper has been submitted to the Adult Policy Committee on 14 June, for approval, which includes the allocation of resource to enable the model to be implemented. The plan will also be reported to the Adult Heath and Social Care Policy Committee outlining the discharge performance as part of the Council's assurance. The data in the report doesn't show that performance is already showing a significant reduction in waits, which will be publicly reported. Mr Atkinson and Mr Robertson from Sheffield Health and Social Care trust will lead and submit a report to the Urgent and Emergency Care Board on the mental health waits.

Areas of current work underway include:

- a) A partnership with Yorkshire Ambulance Service and the Falls Team looking at measuring how we evidence prevention of admissions by preventing falls;
- b) Joint post with the Pharmacy Service pilot working well for education management when people are at home and living the life want to live bring back practical example;
- c) Mental Health, LD, Autism how do we start to look at resource in Sheffield for short-term intervention towards the prevention of admission into hospital.

The Board noted the update and provided thanks to everyone involved for their hard work and looks forward to seeing the benefits for the population of Sheffield.

4. Autism Strategy

The Autism Partnership Board is currently recruiting to an individual with autism as co-chair, and it has carried out a programme of engagement events aiming to ensure that it captures and represents voices from childhood right through to adulthood.

One of the key pieces of feedback was that people felt mistrustful of the current ways of working and, therefore, the strategy includes one-year priorities to ensure transparency around what is being delivered. New ones will be set each year to maintain a focus on delivery.

5. Final Sheffield Place Finance Report

The 2022-23 year-end position of £17.5 m deficit, (£11.1m SCC and £6.4m NHS) which was an improvement on the forecast earlier in the financial year which has been achieved through good partnership working and discussions. Now in the new financial year and efforts are being made on mitigating the financial risks with significant efficiency savings required, therefore, the next report will focus on those levels of risk and delivery of efficiencies.

The efficiency actions, following the Board Development Session in May, are work in progress and will continue to be updated. Helpful discussions have taken place with the Director of Finance at Sheffield Health and Social Care NHS Foundation Trust around mirroring the discharge work for the mental health pathways and to translate opportunities into reality for the delivery of schemes and understand and quantify the discharge programme.

6. Draft Joint Forward Plan

The Board received the latest working draft of the Five-Year NHS Joint Forward Plan (JFP) for South Yorkshire to enable consideration by the Partnership. The South Yorkshire Integrated Care Partnership meeting on 23 May set out the national expectations for Joint Forward Plans, the engagement approach with citizens, patients and carers and how we have worked together, taking a distributed leadership approach to develop the draft Joint Forward Plan for South Yorkshire.

Joint Forward Plans are expected to set out how Integrated Care Boards, together with their partner NHS Trusts, will arrange and provide NHS services to meet both the physical and mental health needs of their local population, aligned to local joint strategic needs assessment and Health and Wellbeing Strategies.

The NHS Operational Plan for South Yorkshire for 2023/24 has been submitted to NHS England.

7. **Better Care Fund** – an update on the progress and development of the Sheffield Better Care Fund plan 2023-25 was submitted, along with the ambitions for utilising pooled budgets to support Sheffield Health and Social Care to deliver services in response to the changing population and their needs.

Guidance was received from NHS England on 4 April, with a final submission date of 28 June and will be signed off at an exceptional Health and Wellbeing Board meeting, prior to that date.

The fund doesn't currently include a children's element, but it does include:

- a) prevention services to help people stay safe and well (including voluntary sector provided care); and
- b) discharge to the right place at the right time.
- **8. Future Governance Arrangements –** plans to review the future governance arrangements to be undertaken and the Chair requested that Board members provide any comments. In addition, there is a requirement to nominate a Vice-Chair, therefore, welcomed any nominations to ensure resilience.

Emma Latimer
Executive Director for Sheffield Place
July 2023