

Shaping Sheffield

A summary
2019–2024



Sheffield
Accountable Care
Partnership **ACP**

A vision for population health in Sheffield: towards a healthier future

The Sheffield Accountable Care Partnership (ACP) wants to transform our population's health, care and well-being.

Too many people in Sheffield struggle with poor health and well-being, and this is unequal across our city. We want to change this through putting our shared purpose at the centre of all we do: ***"Prevention, well-being and great care together"***.

The Shaping Sheffield plan will focus our efforts on 5 priorities. We will also consider the wider factors that impact health and well-being, and ensure our values underpin the way we work. Our plan sets out our priorities for 1 year and 5 years. The plan will be delivered by the Sheffield ACP which brings together 7 partners in the city to focus on issues that can only be addressed together. The partners are: Sheffield Children's NHS Foundation Trust, Sheffield City Council, NHS Sheffield Clinical Commissioning Group, Primary Care Sheffield Ltd, Sheffield Health and Social Care NHS Foundation Trust, Sheffield Teaching Hospitals NHS Foundation Trust and Voluntary Action Sheffield.

This document summarises what we intend to deliver across our 5 priorities and what we hope to achieve. The full strategy and accompanying delivery plan are available on the Sheffield ACP website **www.sheffieldacp.org.uk**.

Priorities

Starting Well

All Age Mental Health

Promoting Prevention

Thriving Communities

Ageing Well

Priorities

Whole person centred approaches

Seamless, partnership working

Working with our population and our workforce to achieve better health for people living in Sheffield

We will focus on delivery and hold ourselves to account for improving health.

Wider factors

We will focus our efforts on our five priorities, acknowledging the wider factors that shape our population's health. Income and wealth, education, housing, transport and leisure all have an effect on the health of our population.

Behaviours and lifestyles also affect how healthy people are. This includes smoking, alcohol consumption, diet and exercise. The ambition of the Sheffield ACP is to shift our care system to promote prevention throughout all our work - building on existing work in the city established to tackle specific lifestyle and behaviour factors.



The five priorities

For each of these priorities, initial outcomes and targets have been set.

These will be reviewed on an ongoing basis to ensure they develop to reflect the ambitions of the ACP as they grow.

To transform health and social care in Sheffield sustainably, we need to work together to use the money we have as effectively as possible, recognising that each organisation has legal responsibilities for their own finances.



1. Starting Well

We want all children in the city to have the best life chances, and families to be empowered to provide healthy, stable and nurturing environments.

We will...

- > Carry out the action plan which was created following the CQC and OFSTED inspection of special educational needs and disabilities services.
- > Deliver new, all age eating disorders pathways.
- > Implement a community nursing model focussing on complex needs and palliative care as a priority.
- > Finalise the community paediatric pathway with a focus on autism and ADHD as a priority.
- > Engage with the public and staff during 2019 to create a children and young people's strategy for 2020 – 2023.
- > Ensure prevention, children, and young people are a priority in other ACP work.



2. All Age Mental Health

We will embrace an all-age approach to mental health to promote seamless care, allowing us to focus on prevention and early intervention. A lifespan approach will only work if current issues around accessibility and waiting times are addressed.

We will...

- > Engage with experts by experience through workshops to test and redesign current services.
- > Improve accessibility and reduce waiting times for mental health services.
- > Agree on next steps for developing alternative approaches to planning and securing services.





3. Promoting Prevention

We are focused on embedding prevention into planning, securing and delivering health and care systems of Sheffield.

We will...

- > Embed actions to address ways to prevent key risk factors (e.g. smoking, food, physical activity) into the Sheffield health and care system.
- > Embed approaches to prevention and well-being into all the ACP workstreams and propositions for service planning and securing.
- > Increase referrals to the stop smoking service and reduce the number of people smoking in the city.
- > Invest in the voluntary and community sector to build strength and capacity within these services.
- > Work with and invest in the voluntary and community sector, strengthening existing relationships, developing new ones and enabling greater sustainability.



4. Thriving Communities

There is a growing need to put people and families at the centre of support, while reducing the need for specialist treatment. We will therefore shift the focus of care and support towards primary and community care. We will do this through developing primary care networks, called neighbourhoods.

We will...

- > Engage the public on an all age early help strategy by March 2020.
- > Continue the development of new roles within primary care and recruitment of network roles.
- > Continue the development of teams of health professionals from different specialities.
- > Ensure services, organisations and community resources are connected across the city.
- > Develop the contributions of the voluntary and community sector to reduce delays in medically fit people being discharged out of hospital.



5. Ageing Well

Multi-morbidity is where an individual is living with two or more long term conditions. As the number of medical conditions rises, quality of life decreases, difficulties with everyday activities increase and there is a need for support from carers or services. Prevention of frailty and multi-morbidity requires an approach where 'ageing well' is a life-long concept.

We will...

- > Move towards a joined up, person centred model of care to support people to age well.
- > Identify people who are becoming frail and help them to maximise their independence within their own home and community.
- > Understand the frail population and their needs and identifying any gaps in the current health and care system.
- > Establish new contractual arrangements to support delivery.